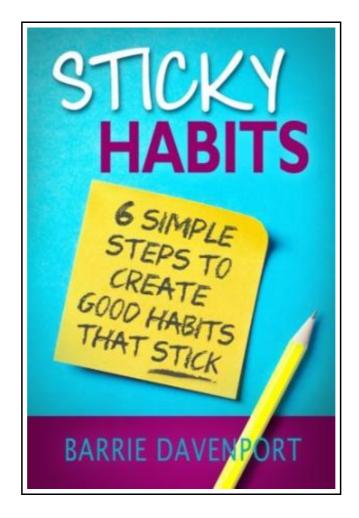
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STICKY HABITS: 6 SIMPLE STEPS TO CREATE GOOD HABITS STICK



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