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Paleo Smoothies for Beginners: 37 Paleo Diet for Beginners Smoothies Recipes

By Infinitinspiration

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Paleo Smoothies For Beginners: 37 Paleo Diet For Beginners Smoothies Recipes. Spend a little time with this amazing compilation of 3 books that includes a collection of Juliana Baldec's healthy scrumptious smoothies that you can add to your Diet Today for awesome pound dropping results! Book 1: Blender Recipes For Weight Loss Book 2: 21 Amazing Weight Loss Smoothie Recipes Book 3: Paleo Is Like You (Fun Little Paleo Lifestyle Poem a day book with inspirational and motivational rhyming verses to spice up your results) You will love discovering some new smoothie recipes that you might add to your Diet. Consider these healthy scrumptious smoothies to spice up any boring diet and finally get the results you want. If you love smoothies and blender drinks you will love this compilation to complete your smoothie recipe collection. Forget the old concept because there is no need to waste your time in the kitchen with old school recipes that take too long to make. There is every reason to make smoothies the new and 5 minute quick way so...



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