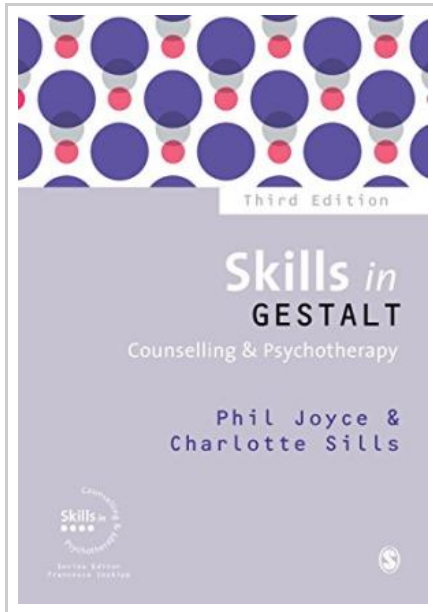




Skills in Gestalt Counselling & Psychotherapy (3rd Revised edition)

By Phil Joyce, Charlotte Sills

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Skills in Gestalt Counselling & Psychotherapy (3rd Revised edition), Phil Joyce, Charlotte Sills, This practical guide to the Gestalt approach has successfully introduced thousands of trainee therapists to all the essential skills needed at each stage of Gestalt practice. Now in its third edition, each chapter has been updated with the latest relevant literature and research findings. In addition, there is: * Expanded content on working with more challenging client issues, * Integration of ideas from sensorimotor and EMDR psychotherapy, as well as some mindfulness techniques, * New material on depression and anxiety, and * Three brand new chapters on building resources and working with trauma. The authors offer practical guidance on issues such as setting up the therapeutic session, creating a working alliance, assessment and treatment direction, managing risk, making the most of supervision, adopting a research approach and managing difficult encounters. This is an ideal text for use on counselling and counselling skills courses, and provides a useful overview of how to understand and manage the whole process of therapy, especially those training in or practising Gestalt. Phil Joyce teaches at Metanoia Institute, London and a Gestalt practitioner and...



READ ONLINE
[4.04 MB]

Reviews

The ebook is straightforward in go through preferable to recognize. It typically does not charge too much. Its been designed in an exceptionally straightforward way and it is just following i finished reading this book where basically altered me, affect the way i really believe.

-- **Dr. Reta Murphy**

It becomes an amazing pdf which i actually have at any time read through. This can be for all those who statte there had not been a worthy of reading through. You wont sense monotony at anytime of your own time (that's what catalogues are for relating to should you check with me).

-- **Claud Kris**

You May Also Like



Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how to go about it ideas' coupled with...



The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



On the Go with Baby A Stress Free Guide to Getting Across Town or Around the World by Ericka Lutz 2002 Paperback

Book Condition: Brand New. Book Condition: Brand New.



Runners World Guide to Running and Pregnancy How to Stay Fit Keep Safe and Have a Healthy Baby by Chris Lundgren 2003 Paperback Revised

Book Condition: Brand New. Book Condition: Brand New.