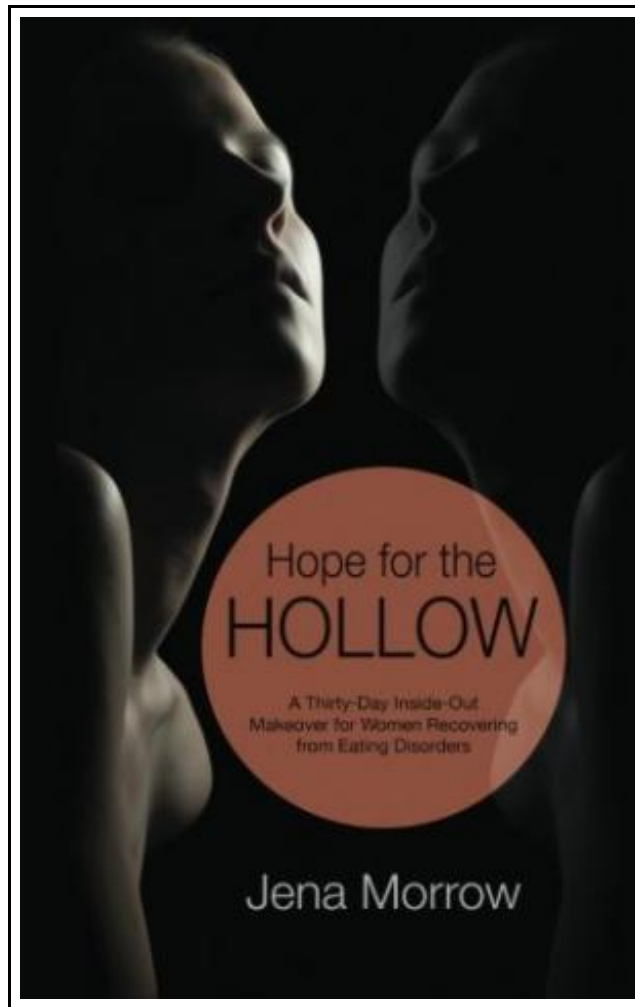


Hope for the Hollow: A Thirty-Day Inside-Out Makeover for Women Recovering from Eating Disorders



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Reviews

Undoubtedly, this is the greatest job by any author. It is actually filled with wisdom and knowledge I am quickly could get a pleasure of reading a written book.
(Kade Ankunding)

HOPE FOR THE HOLLOW: A THIRTY-DAY INSIDE-OUT MAKEOVER FOR WOMEN RECOVERING FROM EATING DISORDERS

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Lighthouse Publishing, United States, 2013. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****.Hungry for Hope? Approximately eleven million Americans suffer from anorexia, bulimia, and compulsive overeating. Among those not counted in that statistic are those who fall outside of the diagnostic criteria but struggle daily with a poor body image, a fear of gaining weight, and a sense of being out of control. Not merely worldly vanity, these struggles are very much an issue among women in the church, who love and serve the Creator, while struggling to appreciate and care for their bodies as His creation. Hope for the Hollow is a practical, relevant devotional/ journal guide to gently encourage and inspire daughters of God to dare to believe what their Creator says about them, and to replace the lies of their enemy with the glorious, revealing truth of God s word as it applies to their bodies, the temples of the Holy Spirit. Each of the thirty devotionals includes an applicable passage of Scripture dealing with underlying themes of eating disorders such as guilt, shame, control, fear, and pride. Drawing upon her own experiences as a believer recovering from anorexia, Jena candidly shares her heart and relays the lessons she has learned along the way. Jena plans to promote this devotional through her blog, Facebook pages, twitter and via her speaking engagements at churches, women s groups, treatment centers, and recovery groups. Few devotionals have been published dealing specifically with eating disorders and the issues they present. This is a war that is fought and won with both God s word and loving, heart-penetrating encouragement, both of which speak from the pages of Hope for the Hollow.

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